



Odette Tonnaer.

SPA OF THE MONTH, LUXEMBOURG

A holistic, soulful spa to get through the winter

TEXT: BETTINA GUIRKINGER | PHOTOS: YOAKÉ, THE ULTIMATE SPA

Located on the Boulevard de la Pétrusse in the heart of Luxembourg, Yoaké offers a unique combination of treatments that promote health and longevity. A complete Feng Shui designed luxury spa, inspired by and tailored for your five senses.

Yoaké means 'dawn' in Japanese and as such embodies perfectly the essence of the spa. The carefully chosen selection of treatments ensure that you leave completely re-energised and rejuvenated just like after a restorative night of sleep.

In the words of founder and manager Odette Tonnaer: "We promote a holistic and healthy lifestyle which not only enhances the way you look but enhances the way you feel. Based on ancient healing traditions, the treatments at the spa are geared towards providing you with a spa experience focused on the wellness of body, mind and soul."

Combining award-winning skincare brands that share the philosophy of the

spa with the expertise of trained therapists, customers are invited to explore an array of services to treat the senses. Experience massages from around the world, dive into the healing powers of aromatherapy or treat yourself to a delightful body scrub or a facial rejuvenating treatment.

Yoaké have also added a range of spa treatments tailored to men to their menu, with the idea to provide connection to mind, body and soul for the modern-day gentlemen. Enjoy a massage, facial and deep cleansing treatment that will leave you relaxed and energised.

Also available is a carefully designed treatment for mothers-to-be, which takes into account all the contraindications during and after pregnancy, and provides an improvement of circulation, reduces swelling and inhibits stretch marks - all thanks to the elasticising and nourishing actions of the natural active ingredients.

A seasonal favourite is aromatherapy, which improves physical, mental and emo-

tional wellbeing by using the finest ingredients and purest extracts that make the core of essential oils. Through the sense of smell and absorption through the skin, the oils induce a sense of deep relaxation and letting go.

For a unique holistic, soulful and healthy experience facilitated by therapist's expertise in their field, wait no more to treat yourself to a rejuvenating, relaxing and purifying experience at Yoaké, the ultimate spa!



Web: www.yoake.lu